

INDEX

| ACKNOWLEDGEMENTS OVERVIEW GLOSSARY INSTRUCTIONS TO THE LEARNER |
|--|
| CHAPTER 1: INTRODUCTION 1.1. What is a Team Captain? 1.2. Team Meetings 1.3. Steps for Self and Team Growth 1.4. What makes a Great Team Captain? |
| CHAPTER 2: ROLES & RESPONSIBILITIES |
| CHAPTER 3: COMMUNICATION & RELATIONSHIPS |
| CHAPTER 4: STAGES OF TEAM DEVELOPMENT |
| CHAPTER 5: COMPETITIONS & CHAMPIONSHIPS 5.1. Prior to the Competition & Championships 5.1.1. Skills Improvement by coaching sessions 5.2. During the Competition & Championships 5.3. After the Competition & Championships 5.3.1. Analysis of results 5.3.2. Analysis of performance of team and anglers 5.3.3. Corrective training sessions |
| CHAPTER 6 : RULES & REGULATIONS |
| 7.1. Team Management 7.2. Team members 7.3. Parents |
| 7.4. Federation/Association Management CHAPTER 8: TEAM STRATEGY |
| 8.1. Contents 8.2. Compilation Process 8.3. Management of the Strategy |
| CHAPTER 9: CAPTAIN STYLES |
| 9.1. Styles9.2 Focus Areas9.3. Leadership versus Service9.4. Excel Approach |
| CHAPTER 10: COOPERATION BETWEEN THE CAPTAIN & MANAGER |
| CHAPTER 11: RAISING EXPECTATIONS |
| CHAPTER 12: EOUIPMENT & TACKLE |

| CHAPTER 13: TEAM DYNAMICS |
|---|
| 13.1. Team Goal Setting 13.2. Secret of Winning 13.3. Success/Winners 13.4. On winning 13.5. Tournaments and the Meaning of Success to a Team |
| CHAPTER 14: INVOLVEMENT OF FAMILY MEMBERS |
| CHAPTER 15: MEDIA & PROMOTIONS 15.1 Media Releases 15.2 Social Media 15.3 Items for the SASACC/Federation websites |
| CHAPTER 16: PERFORMANCE-ENHANCING DRUGS AND SUPPLEMENTS 16.1. Anabolic-Androgenic Steroids. 16.2. Other Performance-Enhancing Substances. |
| CHAPTER 17: REPORTS |
| 17.1 Post Tournament or Competition Report 17.2 Training Requirement Report |
| CHAPTER 18: APPENDIXES |
| 18.1. National/Provincial/Club Team Management Report 18.2. Coaching Requirement Report 18.3. Team Preparation Program 18.4. Team Strategy |

"I am only one,
But still I am one.
I cannot do everything
But still I can do something;
And because I cannot do everything
I will not refuse to do the something that I can do."
By Edward Everett Hale

